

Supplementary Materials

Daily Work Hours, Work-Life Balance and Occupational Mental Health of Remote Workers in Nigeria

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Table S1. Descriptive statistics of the groups of daily work hours in mental health.

<i>Groups</i>	<i>n</i>	<i>M</i>	<i>SD</i>
8 hours or less	138	47.43	10.15
9-12 hours	90	42.91	9.97
13-15 hours	20	53.05	9.97
Above 15 hours	6	32.00	10.62

Note: N=254 (M = Mean, SD = Standard deviation).