



*Supplementary Materials*

## **Assessment of Potential Exposure to Research Chemicals in Academic Laboratories: Challenges and Opportunities for Scientists' Health Protection**

Federico Maria Rubino

Department of Health Sciences, Università degli Studi di Milano, v. A. di Rudini 8, 20122 Milano, Italy; Federico.rubino@unimi.it

**How To Cite:** Rubino, F.M. Assessment of Potential Exposure to Research Chemicals in Academic Laboratories: Challenges and Opportunities for Scientists' Health Protection. *Work and Health* **2025**, *1*(3), 16. <https://doi.org/10.53941/wah.2025.100016>



**Copyright:** © 2025 by the authors. This is an open access article under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

**Publisher's Note:** Scilight stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Table S1. P-scores assigned to the H-codes according to the most recent release of the MoVaRisCh document [28,29].

n	Cod	Phrase-ENG	P-Score	n	Cod	Phrase-ENG	P-Score
1	H200	Unstable explosives.	1	55	H334	May cause allergy or asthma symptoms or breathing difficulties if inhaled.	9.0
2	H201	Explosive; mass explosion hazard.	1	56	H334	May cause allergy or asthma symptoms or breathing difficulties if inhaled.	8.0
3	H202	Explosive, severe projection hazard.	1	57	H334	May cause allergy or asthma symptoms or breathing difficulties if inhaled.	1
4	H203	Explosive; fire, blast or projection hazard.	1	58	H335	May cause respiratory irritation.	3.3
5	H204	Fire or projection hazard.	1	59	H336	May cause drowsiness or dizziness.	3.5
6	H205	May mass explode in fire.	1	60	H340	May cause genetic defects []	1
7	H220	Extremely flammable gas.	1	61	H341	Suspected of causing genetic defects []	8.0
8	H221	Flammable gas.	1	62	H350	May cause cancer []	1
9	H222	Extremely flammable aerosol.	1	63	H351	Suspected of causing cancer []	8.0
10	H223	Flammable aerosol.	1	64	H360	May damage fertility or the unborn child []	1
11	H224	Extremely flammable liquid and vapour.	1	65	H361	Suspected of damaging fertility or the unborn child []	8.0
12	H225	Highly flammable liquid and vapour.	1	66	H361d	Suspected of damaging the unborn child	7.5
13	H226	Flammable liquid and vapour.	1	67	H361f	Suspected of damaging fertility	7.5
14	H228	Flammable solid.	1	68	H361fd	Suspected of damaging fertility. Suspected of damaging the unborn child	8.0
15	H240	Heating may cause an explosion.	1	69	H362	May cause harm to breast-fed children.	6.0
16	H241	Heating may cause a fire or explosion.	1	70	H370	Causes damage to organs []	9.5
17	H242	Heating may cause a fire.	1	71	H371	May cause damage to organs []	8.0
18	H250	Catches fire spontaneously if exposed to air.	1	72	H372	Causes damage to organs [] through prolonged or repeated exposure []	8.0
19	H251	Self-heating: may catch fire.	1	73	H373	May cause damage to organs [] through prolonged or repeated exposure []	7.0
20	H252	Self-heating in large quantities; may catch fire.	1	74	H400	Very toxic to aquatic life.	1
21	H260	In contact with water releases flammable gases which may ignite spontaneously.	1	75	H410	Very toxic to aquatic life with long lasting effects.	1
22	H261	In contact with water releases flammable gases.	1	76	H411	Toxic to aquatic life with long lasting effects.	1
23	H270	May cause or intensify fire; oxidiser.	1	77	H412	Harmful to aquatic life with long lasting effects.	1
24	H271	May cause fire or explosion; strong oxidiser.	1	78	H413	May cause long lasting harmful effects to aquatic life.	1
25	H272	May intensify fire; oxidiser.	1	79	EUH001	Explosive when dry.	1
26	H280	Contains gas under pressure; may explode if heated.	1	80	EUH014	Reacts violently with water.	1
27	H281	Contains refrigerated gas; may cause cryogenic burns or injury.	1	81	EUH018	In use may form flammable/explosive vapour-air mixture.	1
28	H290	May be corrosive to metals.	1	82	EUH019	May form explosive peroxides.	1
29	H300_1	Fatal if swallowed.	3.0	83	EUH029	Contact with water liberates toxic gas.	3.0
30	H300_2	Fatal if swallowed.	2.5	84	EUH031	Contact with acids liberates toxic gas.	3.0
31	H300	Fatal if swallowed.	1	85	EUH032	Contact with acids liberates very toxic gas.	3.5

Table S1. Cont.

n	Cod	Phrase-ENG	P-Score	n	Cod	Phrase-ENG	P-Score
32	H301	Toxic if swallowed.	2.3	86	EUH044	Risk of explosion if heated under confinement.	1
33	H302	Harmful if swallowed.	2.0	87	EUH066	Repeated exposure may cause skin dryness or cracking.	2.5
34	H304	May be fatal if swallowed and enters airways.	5.0	88	EUH070	Toxic by eye contact	6.0
35	H310_1	Fatal in contact with skin.	6.5	89	EUH071	Corrosive to the respiratory tract.	6.5
36	H310_2	Fatal in contact with skin.	5.5	90	EUH201A	Warning! Contains lead.	1
37	H310	Fatal in contact with skin.	1	91	EUH201	Contains lead. Should not be used on surfaces liable to be chewed or sucked by children.	6.0
38	H311	Toxic in contact with skin.	4.5	92	EUH202	Cyanoacrylate. Danger. Bonds skin and eyes in seconds. Keep out of the reach of children.	4.5
39	H312	Harmful in contact with skin.	3.0	93	EUH203	Contains chromium (VI). May produce an allergic reaction.	4.5
40	H314_1A	Causes severe skin burns and eye damage.	6.3	94	EUH204	Contains isocyanates. May produce an allergic reaction.	7.0
41	H314_1B	Causes severe skin burns and eye damage.	5.8	95	EUH205	Contains epoxy constituents. May produce an allergic reaction.	4.5
42	H314_1C	Causes severe skin burns and eye damage.	5.5	96	EUH206	Warning! Do not use together with other products. May release dangerous gases (chlorine).	3.0
43	H314	Causes severe skin burns and eye damage.	1	97	EUH207	Warning! Contains cadmium. Dangerous fumes are formed during use. See information supplied by the manufacturer. Comply with the safety instructions.	8.0
44	H315	Causes skin irritation.	2.5	98	EUH208	Contains (name of sensitising substance). May produce an allergic reaction.	4.0
45	H317_1A	May cause an allergic skin reaction.	6.0	99	EUH209A	Can become flammable in use.	1
46	H317_1B	May cause an allergic skin reaction.	4.5	100	EUH209	Can become highly flammable in use.	1
47	H317	May cause an allergic skin reaction.	1	101	EUH210	Safety data sheet available on request.	1
48	H318	Causes serious eye damage.	4.5	102	EUH211	Warning! Hazardous respirable droplets may be formed when sprayed. Do not breathe spray or mist.	5.5
49	H319	Causes serious eye irritation.	3.0	103	EUH212	Warning! Hazardous respirable dust may be formed when used. Do not breathe dust.	5.5
50	H330	Fatal if inhaled.	8.5	104	EUH380	May cause endocrine disruption in humans	10.0
51	H330	Fatal if inhaled.	7.5	105	EUH381	Suspected of causing endocrine disruption in humans	8.0
52	H330	Fatal if inhaled.	1	106	EUH401	To avoid risks to human health and the environment, comply with the instructions for use.	1
53	H331	Toxic if inhaled.	6.0				
54	H332	Harmful if inhaled.	4.5				

Note. When no P-score is assigned, a default value of 1 is reported.

**Table S2.** List and main toxicological and regulatory properties of the 60 substances involved in the preparation of the 54 products described in ref [22], for which documentation is available.

	Chemical Substance	Role	CAS	H-codes	MW	Cat	GcHlx	Exposure Limits
1	water	A	7732-18-5	considered as wastewater	18.02	C	0.0	
2	1 N HCl	A	7647-01-0	H290 H314 H318 H335	36.50	B	15.0	
3	NaOH 1N	A	1310-73-2	H290 H314 H318	40.00	B	11.8	
4	LiOH (monohydrate)	A	1310-66-3	H302 H314 H318	41.96	B	12.8	
5	NH4Cl	A	12125-02-9	H302 H319	53.49	B	5.0	
6	NaCl (brine)	A	7647-14-5	not hazardous	58.44	B	0.0	
7	SiO <sub>2</sub> silica gel for chromatography	A	7631-86-9	not hazardous	60.08	B	0.0	
8	Sodium acetate	A	127-09-3	not hazardous	82.03	B	0.0	
9	NaHCO <sub>3</sub>	A	497-19-8	H319	84.00	B	3.0	
10	Na <sub>2</sub> CO <sub>3</sub>	A	497-19-8	H319	105.99	B	3.0	
11	NaHSO <sub>4</sub> 1 M	A	681-38-1	H318	120.10	B	4.5	
12	K <sub>2</sub> CO <sub>3</sub>	A	584-08-7	H315 H319 H335	138.21	B	8.8	
13	Na <sub>2</sub> SO <sub>4</sub>	A	7757-82-6	not hazardous	142.04	B	0.0	
14	NaH	R	7646-69-7	H228 H260 H290 H314 H318	24.00	B	13.8	
15	Iron powder	R	7439-89-6	H228	56.00	B	1.0	
16	Allyl alcohol	R	107-18-6	H301 H331 H310 H315 H319 H361fd H335 H400 H410 H412 H290	58.08	A	34.0	
17	hydroxylamine water sol NH <sub>2</sub> OH 50% W	R	7803-49-8	H302 H312 H315 H317 H319 H351 H373 H410 H411	69.49	B	34.5	
18	Triethylamine	R	121-44-8	H225 H331 H311 H314 H318 H335 H301	101.19	A	27.8	
19	hydroxylamine-OTMS NH <sub>2</sub> OTMS	R	22737-36-6	H225 H314	105.21	B	7.3	
20	L-proline	R	147-85-3	not hazardous	115.13	B	0.0	
21	N,N-dimethylaniline	R	121-69-7	H301 + H311 + H331 H351 H411	121.18	A	21.5	
22	dimethylaminopyridine DMAP	R	1122-58-3	H301+H331 H310 H315 H318 H370 H411	122.17	B	22.8	
23	2,4-diamino-6-hydroxypyrimidine	R	56-06-4	H315 H319	126.12	B	5.5	
24	5-methylindole	R	614-96-0	H315 H319 H335	131.17	B	8.8	
25	1-Hydroxybenzotriazole HOEt	R	2592-95-2	H203 H319 H412	135.12	B	5.0	
26	Phosphorus oxychloride POCl <sub>5</sub>	R	10025-87-3	H302 H314 H330 H372 EUH014 EUH029 H242	153.33	A	28.8	
27	Azobis-isobutyronitrile AIBN	R	78-67-1	H302+H332 H412	164.21	B	8.5	
28	4-chloro-7H-pyrrolo[2,3-d]pyrimidin-2-amine	R	84955-31-7	H319	168.59	B	3.0	
29	6-chloro-9H-purin-2-amine	R	10310-21-1	H315 H319 H335	169.57	B	8.8	

<b>30</b>	5-(chloromethyl)benzo[d][1,3]dioxole	R	20850-43-5	H315 H319 H335 H351 H272	170.59	B	16.8	
<b>31</b>	N-Bromosuccinimide NBS	R	128-08-5	H290 H315 H317 H319 H341 H400	177.98	B	22.5	
<b>32</b>	N-(3-dimetilaminopropil)-N'-etilcarbodiimide EDCI	R	25952-53-8	H302 H311 H315 H319 H317 H373 H400 H410	191.70	B	27.0	
<b>33</b>	1-(bromomethyl)-4-nitrobenzene	R	586-78-7	H302	202.01	B	2.0	
<b>34</b>	di-t-butylcarbonate Boc <sub>2</sub> O	R	24424-99-5	H301+H331 H310 H315 H318 H370 H411	218.25	B	32.3	
<b>35</b>	Methyl 2-(bromomethyl)oxazole-4-carboxylate	R	175551-77-6	H302 H315 H319 H335	220.02	B	10.8	
<b>36</b>	2-(bromomethyl)-2-chlorophenyl)-4,4,5,5-tetramethyl-1,3,2-dioxaborolane	R	166330-03-6	H302 H312 H315 H319 H332 H335	220.90	B	18.3	
<b>37</b>	2-(chloromethyl)-4-methoxy-3,5-dimethylpyridine	R	86604-75-3	H315 H319 H317 H335 H413	222.11	B	15.8	
<b>38</b>	Pd(OAc) <sub>2</sub>	R	3375-31-3	H318 H317 H400 H410	224.51	B	12.5	
<b>39</b>	N-Iodosuccinimide NIS	R	516-12-1	H315 H319 H317 H341 H400 H410	224.98	B	21.5	
<b>40</b>	Benzyltriethylammonium chloride	R	56-37-1	H315 H319 H335 H290	227.77	B	8.8	
<b>41</b>	Methyl 4-(bromomethyl)benzoate	R	2417-72-3	H314 H318	229.07	B	11.8	
<b>42</b>	Methyl 5-(bromomethyl)thiophene-2-carboxylate	R	108499-32-7	H302 H314 H318_1	235.10	B	12.8	
<b>43</b>	Ethyl 4-iodobenzoate	R	51934-41-9	no-haz	276.07	B	0.0	
<b>44</b>	5-bromo-6-(bromomethyl)benzo[d][1,3]dioxole	R	5434-47-9	not assigned	293.94	B	0.0	
<b>45</b>	2-(4-(bromomethyl)phenyl)-4,4,5,5-tetramethyl-1,3,2-dioxaborolane	R	138500-85-3	H315 H319	297.00	B	5.5	
<b>46</b>	Cs <sub>2</sub> CO <sub>3</sub>	R	534-17-8	H318 H361f H373	325.80	B	19.5	
<b>47</b>	Pd(PPh <sub>3</sub> ) <sub>4</sub>	R	14221-01-3	H302	1155.56	B	2.0	
<b>48</b>	Methyl alcohol (chromatography)	S	67-56-1	H225 H301 H331 H311 H370	32.10	A	23.3	8h; 260 mg/m <sup>3</sup> ; STEL15: N.ass. TLV-C: N.ass. Skin 8h: 35 mg/m <sup>3</sup>
<b>49</b>	Acetonitrile (dry)	S	75-05-8	H225 H302 H332 H312 H319	41.05	A	13.5	STEL15: N.ass. TLV-C: N.ass. Skin
<b>50</b>	ethyl alcohol	S	64-17-5	H225 H319	46.07	A	4.0	8h; 175 mg/m <sup>3</sup>
<b>51</b>	Dichloromethane DCM (dry)	S	75-09-2	H315 H319 H351 H336	50.10	A	17.0	STEL15; 353 mg/m <sup>3</sup> ; TLV-C: N.ass. Skin

Table S2. Cont.

	Chemical Substance	Role	CAS	H-codes	MW	Cat	GcHix	Exposure Limits
52	tetrahydrofuran THF	S	109-99-9	H225 H302 H319 H351 H335 H336 EUH019	72.11	A	21.8	8h; 150 mg/m <sup>3</sup> ; STEL15; 300 mg/m <sup>3</sup> ; TLV-C: N.ass. Skin
53	Dimethylformamide DMF (dry)	S	68-12-2	H226 H312+H332 H319 H360D H224	73.09	A	19.5	not in Italy
54	diethyl-ether Et <sub>2</sub> O	S	60-29-7	H302 H336 EUH019 EUH066	74.12	A	10.0	not in Italy
55	n-hexane	S	110-54-3	H225 H315 H361f H336 H372 H304 H411	86.18	A	21.0	8h; 72 mg/m <sup>3</sup> ; STEL15: N.ass TLV-C: N.ass. Skin: N.ass
56	ethyl acetate	S	141-78-6	H225 H319 H336	88.10	A	7.5	8h; 734 mg/m <sup>3</sup> ; STEL15; 1468 mg/m <sup>3</sup> ; TLV-C: N.ass. Skin: N.ass
57	1,4-dioxane	S	123-91-1	H225 H319 H335 H350 EUH019 EUH066	88.11	A	11.8	8h; 73 mg/m <sup>3</sup> ; STEL15; N.ass. TLV-C: N.ass. Skin
58	toluene	S	108-88-3	H225 H315 H361d H336 H373 H304 H412	92.14	A	27.5	8h; 192 mg/m <sup>3</sup> ; STEL15; 384 mg/m <sup>3</sup> ; TLV-C: N.ass. Skin
59	2,2,2-Trifluoroethanol TFE	S	75-89-8	H226 H301+H331 H318 H360F H373	100.00	A	28.3	not in Italy
60	Carbon tetrachloride CCl <sub>4</sub>	S	56-23-5	H301 H331 H311 H317 H351 H372 H412 H420	153.82	A	35.8	8h; 6.4 mg/m <sup>3</sup> ; STEL15; 32 mg/m <sup>3</sup> ; TLV-C: N.ass. Skin

**Notes.** <sup>a</sup>: Chemical substances are listed in the following order: S (solvent, n); R (reagent, n); A (auxiliary, n); P (reaction product, n); next in the order of their classification according to available information <sup>c</sup>: next by increasing molecular mass <sup>b</sup>: preparation as described in the article; <sup>e</sup>: substance classification (A: substance with exposure limits); B (substance with SDS but no exposure limits; C (substance without SDS); <sup>d</sup>: H phrases in the SDS; <sup>f</sup>: Exposure limits (TLVs in Italy, from All. XXXVIII and XLIII of Decree 81/08); <sup>g</sup>: Hazard Index calculated for Health (toxic) effects according to the gravity factors of the Inforisk RA tool [24]; <sup>h</sup>: Hazard Index for non-health effects (fire and explosion) expressed as the number of Hazard codes reported in the SDS; <sup>i</sup>: Exempt from REACH registration.